

**After a crime, we
are here to help you
find strength and
hope. You deserve
the opportunity to
express your voice
and feelings.**

You are a survivor.

P.A.L.S. for Healing

NON-PROFIT TRAUMA INFORMED COUNSELING

Paper. Art Therapy. Letting Go. Self Actualization.

ABOUT US

We are a nonprofit organization empowering individuals and families who have suffered trauma or loss to not only regain their lives but achieve their highest human potential.

OUR SERVICES

- Individual and family sessions including art therapy, EMDR and other trauma informed therapies at one of our four locations
- Professional workshops and trainings for individuals and organizations
- School based therapy and support groups
- Art therapy support group services for youth aging out of the foster care
- Early response
- Family support groups:
 - Families affected by substance abuse
 - Families affected by parental incarceration
 - Families affected by military service

OUR LOCATIONS

6100 Oak Tree Boulevard, Suite 200
Independence, Ohio 44131

One Chagrin Highlands
2000 Auburn Drive, Suite 200
Beachwood, Ohio 44122

26943 Westwood Rd., Suite B2
Westlake, Ohio 44145

600 Superior Avenue, Suite 1300 (Fifth Third
Building)
Cleveland, Ohio 44114

VICTIMS OF CRIME

IT'S YOUR RIGHT TO MOVE FORWARD

Find your voice in a safe, healing environment.

We help victims of crime learn to process traumatic events.

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palsforhealing.org | 330.518.8334



OUR SERVICES

We are a nonprofit organization dedicated to helping people who have suffered trauma and/or loss heal through art therapy, EMDR (Eye Movement Desensitization and Reprocessing), and other trauma informed therapies, improving overall health. We provide individual and group therapy at one of our three locations and at community partner locations. We also offer professional trainings and workshops.



Information About Your Rights

Learn about what support is available to you and your family through Marsy's Law Ohio by visiting:

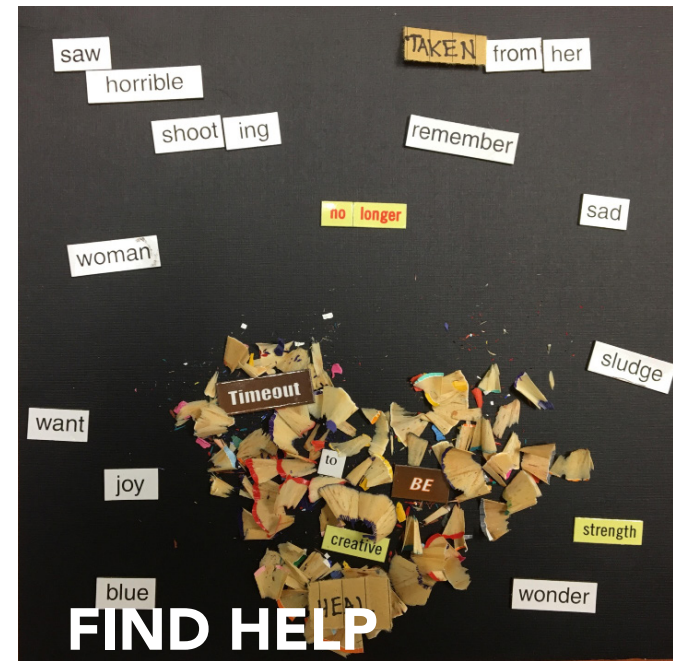
marsyslaw.us/marsys-law-state-efforts/ohio

Finding Your Voice:

Often there are no words adequate enough to express reactions to traumatic events. Drawing and making art is a natural form of expression that engages the right side of the brain, therefore, art therapy provides an opportunity to express yourself from an emotionally safe distance through images and pictures.

Creating a Safe Place:

We start with establishing a safe environment for healing since trauma survivors rarely feel safe in the world. We utilize trauma informed therapies like EMDR (Eye Movement Desensitization and Reprocessing), and art therapy. They engage both sides of the brain to assist in healing from an emotionally safe distance, reducing the risk of further trauma.



FIND HELP

How to Take the Next Step:

Setting up an initial appointment with P.A.L.S. for Healing is easy and no referral is required, but they are welcome from community professionals.

You can set up an appointment by visiting our website: palsforhealing.org or by calling 330.518.8334.

We have four convenient locations on the East Side, West Side, Downtown, and South of Cleveland.

Insurance is accepted.

Financial Assistance through the Ohio Attorney General's Office:

If you or your family members are innocent victims of a violent crime, financial assistance may be available. For specific questions, call the Ohio Attorney General's Office at 800-582-2877.